

Active Bystander Intervention

Training Information

Active Bystander Intervention is becoming a more researched topic with regard to community responses to harassment and creating safe and inclusive environments.

This workshop will equip participants with the confidence and tools to safely challenge harassment of all forms when they witness it.

If you would like a session focussed around a specific form of harassment, e.g. disability- or gender-based harassment, please email jo@changing-tide.co.uk.

Time required	1.5 hours
Training outline	<ul style="list-style-type: none">• Introduction to session• Research on Active Bystander Intervention• What is harassment?• Active Bystander techniques• Staying safe as an Active Bystander• Role-play intervention exercise• Active Bystanders in communities
Learning outcomes	<p>By the end of this training participants will:</p> <ul style="list-style-type: none">• Understand what an Active Bystander is• Understand what constitutes harassment• Understand and have practiced Active Bystander techniques• Feel confident in choosing techniques which prioritise their safety• Feel empowered to challenge harassment• Understand their Active Bystander role as a member of a community
Fee per session	Non-profits: £82.50 Others: £105



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